



STRATHMORE UNIVERSITY

**COVID 19 INFECTION PREVENTION AND
CONTROL GUIDELINES & PROTOCOLS**

2020



GUIDELINES AND PROTOCOLS FOR HEALTH AND SAFETY AT STRATHMORE UNIVERSITY

Introduction

Strathmore University is committed to achieving its mission of providing an integral education to students amidst the current circumstances brought about by the COVID- 19 pandemic. Following the communication from our Deputy Vice Chancellor Academic and Student Affairs regarding the phased approach return to campus, through the guidance and oversight of the Strathmore University Medical Centre, we have put guidelines in place based both on the directives from the global health authorities (World Health Organization & Centre for Disease Control) and local health authorities (Ministry of Health - Kenya).

MOH Directives on Management of COVID-19

The Ministry of Health Kenya has adopted the following strategy for the management of the COVID-19 pandemic.

1. Infection prevention & control strategies.
 - a. Hand hygiene
 - b. Social distancing
 - c. Wearing of Masks
2. Disease management.
 - a. Isolation (Quarantine)
 - b. Treatment (Hospitalization)

At Strathmore University our plans have taken into consideration the infection prevention and control (IPC) strategies above. We are also aware of the existence of asymptomatic carriers within the country and therefore it is important to reduce exposure of COVID-19 in the general population from persons who may not be easily identifiable.



Strathmore University Organization-Wide Preparation for COVID 19

Infection Prevention & Control Strategy	Mitigation 1	Mitigation 2	Mitigation 3
Screening of all person entering SU	Screening at all SU entry points.		
Contact tracing	Important information pertaining to COVID 19 will be collected.		
Patient Education	Put up signage all over campus reminding people of key prevention behaviors.	Regular reminders on SU digital platforms – Internet, signages, intranet, social media handles etc.	
Hand Hygiene	Sanitizers and hand washing stations strategically situated on campus.	Cleaning of all surfaces with appropriate recommended cleaning agents (See COVID-19 house-keeping protocols)	Housekeeping Team has been trained on proper infection control procedures
Social distancing	1.5 to 2m distance maintained and clearly marked in all areas of the university	Keep all staff, students and visitors off campus when they have temperatures >37.5 degrees centigrade or if they exhibit any flu-like symptoms for 14 days.	Create teams who can work in 14 days' shifts. 2 week working on campus, 2 weeks working off campus, where possible.
Proper wearing of face masks	All persons gaining entry into the university must wear a mask, properly, at all		



	times.		
Protection of high risk individuals* (Staff and students)	Identify high risk individuals in campus and give the necessary support, e.g., patient education, avail relevant PPEs they require, Medical Centre Hotline should the require medical assistance.	Enable high risk individuals to work from home and do not allow unnecessary exposure by being on campus, where possible.	
Containment of asymptomatic carriers	Implementation of all the above strategies will be crucial for this strategy to work.		
Mental Health Support for staff and students	We have Mental Health Services available and accessible to all who might require psychological support.		

*High risk individuals – Immunosuppressed (HIV, Pregnancy, autoimmune disease, chemotherapy/cancer patients), diabetes, hypertension, cardiovascular disease, any underlying chronic medical condition, smokers, those over 58 years.